

Welcome to a New Year

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Written By:
Mohammed Ali
Virginia State President

Hello Virginia FBLA officers, members, and advisers! As we continue our journey that has been started, I welcome you all from the State Officer board! Future Business Leaders of America is one of the largest student organizations in the nation, and I am glad to be a part of it. I am honored to serve as your 2014-2015 State President and I am looking forward to working with all of you both individually, and as a team. Through the process of our work, I hope you are able to exert your strengths and Step Up to the Challenge. As we endeavor to make Virginia FBLA a success, I hope you discover new talents and also evaluate and improve your weaknesses. Strive to improve this wonderful organization, and also to improve your abilities as well. Be ready to work hard, because hard work always pays off in the end.

I am glad we are able to partner with organizations including the

ASK Childhood Cancer Foundation, and a new addition, Lead2Feed. Growing up, my parents always taught me to give back in any way possible and be thankful for what I have. We should all be thankful for the numerous opportunities we have been provided in life. I am proud that Virginia FBLA has partnered with these organizations, because now it gives us a chance to give back to the community. Not only are we making an impact in the community, but it also presents a positive image for FBLA. In the world of business, a positive image is something that company's strive for, because with a positive image comes positive results.

Let us strive to make the 2014-2015 year another success and be able to achieve all the goals that we have set. Be passionate about whatever you do, show your dedication in your work, and always be motivated as well as motivate others. Always prepared for whatever lays ahead in our journey, and be ready to 'step up to the challenge'!

For more information:
[ASK Childhood Cancer Foundation](#)
[Lead 2 Feed](#)

Get to Know Your

2014 - 2015 Virginia State Officer Team

Mohammed Ali

Position: President
High School: Mount Vernon High School
Region: Northern Virginia Region
Hobbies/Activities: Lacrosse and Football

Matthew Mullins

Position: Vice President at Large
High School: Tazewell High School
Region: New River
Hobbies/Activities: Swim Team, Choir, Church Youth Group

Anna Wisch

Position: Secretary/Treasurer
High School: Brentsville District High School
Region: Germanna Region
Hobbies/Activities: Soccer and Dance

Ryan Apigian

Position: Reporter
High School: Robinson Secondary School
Region: Northern Virginia Region
Hobbies/Activities: Crew (Rowing) and Drums

Nick Pham

Position: Parliamentarian
High School: Robinson Secondary School
Region: Northern Virginia Region
Hobbies/Activities: Science Olympiad, Investment Committee and Golf

Fazila Tariq

Position: Corresponding Secretary
High School: Mount Vernon High School
Region: Northern Virginia Region
Hobbies/Activities: Reading and Movies

Alexis Pinhard

Position: Vice President Representing the VSU Region
High School: Midlothian High School
Region: VSU Region
Hobbies/Activities: Volunteers for "Relay for Life"

Anna Waseem

Position: Vice President Representing the Northern Virginia Region
High School: Mount Vernon High School
Region: Northern Virginia Region
Hobbies/Activities: Sports

Katarina van Bruggen

Position: Vice President Representing the Germanna Region

High School: Riverbend High School

Region: Germanna Region

Hobbies/Activities: Hiking, Kayaking, and Soccer

Jordon Sturgill

Position: Vice President Representing the UVA College at Wise Region

High School: Virginia High School

Region: UVA College at Wise Region

Hobbies/Activities: Softball

Meghan Young

Position: Vice President Representing the Longwood Region

High School: Park View High School

Region: Longwood Region

Hobbies/Activities: Drama, Youth Group, SGA secretary

Serenity Abdullah-Muhammad

Position: Vice President Representing the Thomas Nelson Region

High School: Menchville High School

Region: Thomas Nelson Region

Hobbies/Activities: National Honor Society, Spanish National Honor Society

Nyheim Foster

Position: Vice President Representing the Tidewater Region

High School: Booker T. Washington High School

Region: Tidewater Region

Hobbies/Activities: Track

Chris Johnson

Position: Vice President Representing the New River Region

High School: Tazewell High School

Region: New River Region

Hobbies/Activities: Tae Kwon Do, Akia, Oh Do Kwon, and Tai-Jutsu

Saad Siddiqui

Position: Vice President Representing the Shenandoah Region

High School: Broad Run High School

Region: Shenandoah Region

Hobbies/Activities: National Honor Society

Miah Hardy

Position: Vice President Representing the Capitol Region

High School: Richmond Community High School

Region: Capitol Region

Hobbies/Activities: Class Secretary, and student ambassador for National Society of High School Scholars

Hannah Shepard

Position: Vice President Representing the VWCC Region

High School: Hidden Valley High School

Region: VWCC Region

Hobbies/Activities: Tutor in a COP program, Marching Band, and on the Student United Way Committee

How to Run A Successful Meeting

Written By:

Nyheim Foster

Vice President Representing the
Tidewater Region

Before the meeting starts you always want to have a plan of what the meeting will be about. For example:

- What is the purpose of the meeting?
- What are the desired outcomes or milestones?
- Is a meeting necessary?
- Who should attend the meeting?
- What is the meeting agenda and timeline?
- What preparatory work is needed?

Also you want to make sure that you have ground rules set before the meeting can begin. Some examples of ground rules are Start on time, stop on time, One conversation at a time, and all must contribute.

Once the meeting has begun you want to make sure that you have your meeting breakouts. Some examples of breakouts are:

- Explain why they are needed
- Have a clear process for forming breakout groups
- Provide clear instructions
- Provide clear deliverables and timeline
- USE the results

Here are some other ideas to include in your meeting:

- Document in a visible area
- Allow a few minutes of informal discussion at the meetings start

As you get close to the end of the meeting discussions you can do any of the following:

- What actions are needed and who is responsible?
- What decisions were made?
- What issues still need to be resolved?
- When is the next meeting and what is the agenda?
- Action plan for extraneous ideas
- Document and disseminate (minutes, team notes)

Sample Agenda

Call to Order

The meeting will come to order, (Rap gavel once.) _____ will lead us in the FBLA pledge.

Welcome and Introductions

Welcome to the November meeting of the Admiral Byrd Middle School Chapter of FBLA

Minutes of the Previous Meeting

The Secretary will read the minutes of the previous meeting.

(The President is seated while minutes are read.)

Are there any corrections to the minutes? (Pause)

(If none): The minutes stand approved as read.

(If correction): If there is no objection, the secretary will make the correction. Are there further corrections? (Pause) If not, the minutes stand approved as corrected.

Treasurer's Report

The Treasurer will now report

(The President is seated while report is read.)

Are there any questions? (pause)

The Treasurer's report will be filed.

Reports of Officers and Standing Committee Members (if appropriate)

May we have the report of the Social Committee?

(The President is seated while report is read.)

Unfinished Business

The next business in order is unfinished business.

(Review minutes of the last meeting to determine any unfinished business to be brought before the chapter. If there is no unfinished business, move to New Business without announcing the heading of Unfinished Business.)

Sample Agenda Continued

New Business

The next business in order is new business:

First of all, we will have a report from our special committee on the school service project.
(The President is seated while report is read.)

It has been moved and seconded that we gather classroom trash cans and spray paint huskies on them. Is there any discussion? (pause for discussion; once it stops,)

Is there any further discussion?

If there is no further discussion, we will proceed with the vote. It has been moved and seconded that we gather classroom trash cans and spray paint huskies on them. All those in favor say "AYE." All of those opposed, say "No."

If it passes: The aye's have it and the motion is carried. Or

If it doesn't pass: The no's have it, and the motion is lost.

Is there any other new business?

Announcements

(Have list prepared)

Are there further announcements?

Program

The vice-president will present the program.

(Thank speaker, etc.)

Adjournment

Is there any further business? (pause)

Since there is no further business, the meeting is adjourned.

(Rap gavel once if desired)

Regional Fall Conferences

Written By:
Saad Siddiqui
Vice President Representing the
Shenandoah Region

The Fall Regional Conference is one of my favorite events of the year! Not only is it a great way to meet other FBLA members from schools and towns nearby, but the conference is also full of fun events including great workshops and inspiring guest speakers! The Fall Regional Conference is also a great way to kick-start your school year and get off to a great start while growing your membership, too!

There are plenty of reasons to attend your Fall Regional Conference. One thing I always look forward to at these conferences is meeting new people from FBLA chapters in your surrounding areas. You'll quickly make new friends while visiting workshops and listening to guest speakers. At these workshops, you'll learn valuable business and life skills, teaching topics ranging from "what to wear to an interview" to "the types of people you'll meet" all in a relaxed and social environment. The guest speakers are

experienced and entertaining. Speakers range from local entrepreneurs to motivational speakers, and you always walk away from their talks with energy and a new outlook!

An advisor can prepare for the Fall Conference by pushing the opportunity to their chapter. Greater attendance to these conferences increases general attendance to meetings, overall participation, and membership; not to mention it's just fun! The Fall Regional Conference is also a great way to introduce new members to all that FBLA has to offer them.

Want to find out more about your regional conference?

Contact your Regional Director or Regional President.

Check out the calendar at www.vafbla-pbl.org for the date of your region's conference.

FBLA Facts

Do you Know the 9 goals of FBLA?

- Develop competent, aggressive business leadership.
- Strengthen the confidence of students in themselves and their work.
- Create more interest in and understanding of American business enterprise.
- Encourage members in the development of individual projects that contribute to the improvement of home, business, and community.
- Develop character, prepare for useful citizenship, and foster patriotism.
- Encourage and practice efficient money management.
- Encourage scholarship and promote school loyalty.
- Assist students in the establishment of occupational goals.
- Facilitate the transition from school to work.

Future Conferences

State Leadership Conference—Reston, VA

National Fall Leadership Conference—
Washington DC

National Leadership Conference—
Chicago, IL

Do you know Virginia's State Specialist?

Sandy Mills

Did you know you can earn scholarships and awards?

Business Achievement Awards

National FBLA scholarships

Virginia FBLA scholarships

Do you know when FBLA was founded?

FBLA was founded in 1937 by Hamden L. Falkner and the first chapter was in Johnson City, Tennessee

Do you know the 11 regions of Virginia?

- Capitol Region
- Germanna Region
- Longwood Region
- New River Region
- Northern Virginia Region
- Shenandoah Region
- Thomas Nelson Region
- Tidewater Region
- UVA College at Wise Region
- VSU Region
- VWCC Region

Do you know Virginia FBLA's State Service Projects?

ASK Childhood Cancer Foundation

Lead 2 Feed